

Parenting in the Age of Climate Change Resource Sheet

Local Groups

- 350 Madison
- Citizen's Climate Lobby Madison
- Sierra Club Madison
- Homebase for Climate Justice Activism
- Extinction Rebellion Madison

Books for Parents

- Parents' Guide to a Climate Revolution: 100 Ways to Build a Fossil-Free Future, Raise Empowered Kids, and Still Get a Good Night's Sleep by Mary De Mocker

Books for Kids

- The Magic School Bus and the Climate Challenge
- The Lorax
- The Littlest Family's Big Day
- The Tantrum that Saved the World
- The Down-to-Earth Guide to Global Warming
- A Hot Planet Needs Cool Kids
- Not for Me, Please! I Choose to Act Green
- A Stone Sat Still

Online Resources

- Mental Health and Our Changing Climate from American Psychological Association <https://www.apa.org/news/press/releases/2017/03/mental-health-climate.pdf>
- Climate Change Empowerment Handbook from Australian Psychological Society <https://www.psychology.org.au/getmedia/88ee1716-2604-44ce-b87a-ca0408dfaa12/Climate-change-empowerment-handbook.pdf>
- Australian Psychological Association Guide for Parents About the Climate Crisis <https://www.psychology.org.au/getmedia/f7d0974d-4424-4d60-a7eb-cfa0431b6860/Parents-guide-climate-crisis.pdf> & Raising Children to Thrive in a Climate Changed World <https://www.psychology.org.au/getmedia/e8cda6ca-ecfe-42c7-8538-492950bac8ba/Raising-children-climate.pdf>
- Six Tips for Talking with Children About Climate Change by Mothers Out Front https://www.mothersoutfront.org/children_and_climate_change
- Kristin Neff on mindful self-compassion <https://self-compassion.org/>
- Videos of Greta Thunberg speaking at COP24 in Poland (<https://youtu.be/VFkQSGyeCWg>) & Tedx Stockholm (<https://youtu.be/EAmUIEsN9A>)
- CBS 60 Minutes Overtime segment on Our Children's Trust (<https://www.cbsnews.com/news/juliana-versus-united-states-the-climate-change-lawsuit-that-could-stop-the-u-s-government-from-supporting-fossil-fuels-60-minutes/>)